

2023 Sutherland SSA Athletics Carnival - 23/06/2023

Barden Ridge
Results - Track**Event 1 Girls 12-14 1500 Metre Run**

Record: 5:04.57 R 2017 Lauren Carey

Name	Age	Team	Finals
Finals			
1	Moore, Evie	14 Heath	5:40.26
2	Genge, Amber	13 Engad	5:41.98
3	Davidson, Lillian	14 Kirrw	5:55.40
4	Doves, Allira	12 Engad	6:12.84
5	Burchett, Jacinta	13 Lucas	7:11.16
6	de Brabander, Olivia	14 Lucas	7:29.72

Event 2 Boys 12-14 1500 Metre Run

Record: 4:40.56 R 2018 Joshua Hewitt

Name	Age	Team	Finals
Finals			
1	Harris, Ryan	13 Kirrw	4:59.07
2	Lapham, Jayke	14 Lucas	5:03.45
3	Bettany, Noah	14 Engad	5:15.43
4	Taylor, Kai	14 Heath	5:27.57
5	Cocks, Liam	14 Kirrw	5:29.93
6	Conlan-Bullock, jye	14 Menai	5:35.37
7	Yock, James	14 Engad	5:40.22
8	Richards, Patrick	13 Menai	5:43.49
9	Creighton, Riley	13 Lucas	5:44.68
10	Griffiths, Zac	13 Heath	5:55.51

Event 3 Girls 15 Year Olds 1500 Metre Run

Record: 4:49.89 R 2018 Lauren Carey

Name	Age	Team	Finals
Finals			
1	Murphy, Jade	15 Kirrw	5:42.23
1	Nguyen, Ivy Phuong Thao	15 Kirrw	5:42.23
3	Harley Malqui, Nadia	15 Engad	5:49.92
4	Mejias, Aleece	15 Engad	6:06.67
5	Mead, Sienna	15 Kirrw	6:16.72
6	Mitchell, Tilly	15 Heath	7:33.73

Event 4 Boys 15 Year Olds 1500 Metre Run

Record: 4:49.89 R 23/06/2023 Jack Robinson

Name	Age	Team	Finals
Finals			
1	Robinson, Jack	15 Kirrw	4:49.89R
2	Hanna, Finn	15 Kirrw	5:14.08
3	Doves, Bailey	15 Engad	5:21.77
4	Marshall, Lachlan	15 Menai	5:22.51
5	Dalton, Xander	15 Engad	5:26.78

Event 5 Girls 16 Year Olds 1500 Metre Run

Record: 5:03.13 R 2019 Lauren Carey

Name	Age	Team	Finals
Finals			
1	Mead, Mikaela	16 Kirrw	5:49.40
2	Saliba, Akira	16 Menai	5:59.95
3	Hummerston, Kate	16 Kirrw	6:27.76
4	parsons, Jessica	16 Menai	6:39.31
5	Palmer, Jessica	16 Heath	6:45.00

Event 6 Boys 16 Year Olds 1500 Metre Run

Record: 4:47.61 R 2018 Nathan Jay

Name	Age	Team	Finals
Finals			
1	Herman, Brock	16 Kirrw	5:02.08
2	Moore, Brodie	16 Heath	5:03.72
3	Phillips, Ben	16 Menai	5:09.80
4	Schnabel, Anders	16 Heath	5:19.50
5	Parker, Bailey	16 Menai	5:29.71

Event 7 Girls 17-19 1500 Metre Run

Record: 5:42.89 R 17/06/2022 Sarah Arnold

Name	Age	Team	Finals
Finals			
1	Robinson, Olivia	17 Kirrw	6:07.51
2	Thompson, Lily	17 Menai	6:11.41

Event 8 Boys 17-19 1500 Metre Run

Record: 4:35.37 R 23/06/2023 Christian Mitchell

Name	Age	Team	Finals
Finals			
1	Mitchell, Christian	18 Lucas	4:35.37R
2	Doran, Connor	18 Menai	4:43.35
3	Taylor, Liam	18 Menai	5:05.64
4	Lindbom, Harry	17 Lucas	5:10.20
5	Bonamy, Ryan	17 Heath	5:50.19

Event 9 Girls 12 Year Olds 100 Metre Dash

Record: 13.98 R 2018 Lacie Bowling

Name	Age	Team	Finals
Finals			
1	Phipps, Keira	12 Lucas	14.92
2	Levitski, Ava	12 Kirrw	15.03
3	Forbes, Tahli	12 Heath	15.46
4	Whitbread, Bronte	12 Kirrw	15.47
5	Royal, Suriya	12 Menai	15.54
6	Keats, Angel	12 Heath	15.65
7	Doves, Allira	12 Engad	15.81
8	Whitbread, Charli	12 Kirrw	15.90
9	Henson, Kiara	12 Engad	15.98
10	Crowther, Isla	12 Lucas	16.11
11	Coughlin, Matilda	12 Menai	16.37
12	Carlson, Gemma	12 Engad	16.73
13	Archer, Riahna	12 Menai	16.76
14	De Rome, Tegan	12 Gymea	17.13
15	May, Amelia	12 Heath	17.33
16	Allen, Charlotte	12 Lucas	17.82

Event 10 Boys 12 Year Olds 100 Metre Dash

Record: 13.54 R 2017 Henri Hiles-Fraser

Name	Age	Team	Finals
Finals			
1	Hellyer, Koby	12 Menai	14.91
2	Wheatstone, Kai	12 Kirrw	15.45
3	Moran, Zachary	12 Engad	15.83
4	Bosch, Aiden	12 Lucas	15.87

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Barden Ridge
Results - Track

Finals ... (Event 10 Boys 12 Year Olds 100 Metre Dash)

Name	Age	Team	Finals
5 Phillips, Tyson	12	Menai	16.15
6 Walsh, Zac	12	Engad	16.19
7 Brennan, Rocky	12	Menai	16.25
8 Steele, Alex	12	Lucas	16.31
9 Smart, Zac	12	Menai	16.45
9 Craig, Hunter	12	Kirrw	16.45
11 Metherell, Oscar	12	Kirrw	16.63
12 Catlin, Chase	12	Heath	16.88
13 Beasley, Lachlan	12	Kirrw	17.71
14 May, Aiden	12	Heath	18.98

Event 11 Girls 13 Year Olds 100 Metre Dash

Record: 13.07 R 2018 Amy Watson

Name	Age	Team	Finals
1 Cornish, Madison	13	Engad	14.25
2 Franks, Lacey	13	Engad	14.27
3 Wilson, Sienna	13	Engad	14.32
4 Ambler, Violet	13	Menai	14.66
5 Gardner, Belle	13	Gymea	15.03
6 Edwards, Aleira	13	Kirrw	15.05
7 Hatton, Jessica	13	Menai	15.24
8 Puckett, Chelsea	13	Lucas	15.29
9 Allsopp, Eve	13	Kirrw	15.37
10 Roberts, Sophie	13	Heath	15.39
11 Humphrey, Matilda	13	Kirrw	15.50
12 Chapple, Heidi	13	Kirrw	15.53
13 Ireland, Zali	13	Menai	15.61
14 Gubbin, Ellie	13	Gymea	16.04
15 Flood, Iona	13	Gymea	16.05
16 Berry, Soffie	13	Lucas	16.09
17 Fateeva, Nicole	13	Gymea	16.12
18 Partridge, Tylah	13	Lucas	16.21
19 Meredith, Chloe	13	Heath	16.63

Event 12 Boys 13 Year Olds 100 Metre Dash

Record: 12.56 R 2018 Henri Hiles-Fraser

Name	Age	Team	Finals
1 Fraser, Thomas	13	Engad	13.25
2 Farrugia, Max	13	Menai	13.68
3 Oates, Bailen	13	Engad	13.94
4 Louison-Roe, Mahley	13	Kirrw	13.95
5 Kennedy, Cooper	13	Kirrw	14.13
6 Wichgers, Ben	13	Kirrw	14.28
7 Phillips, Jack	13	Lucas	14.30
8 Scales, Joseph	13	Engad	14.39
9 Johnson, William	13	Kirrw	14.51
10 Paul, Ethan	13	Lucas	14.52
11 Waat, Tyson	13	Menai	14.59
12 Gongati, Siddharth	13	Gymea	14.61
13 Dogger, Ethan	13	Lucas	14.64
14 Batman, Oliver	13	Menai	14.78
15 Whitehall, Curtis	13	Menai	14.83

16 Maybury, Tyler	13	Heath	14.88
17 Pockock, Samuel	13	Lucas	15.39
18 Peek, Cash	13	Heath	15.41
19 Cooke, Beau	13	Gymea	15.46
20 Griffiths, Zac	13	Heath	15.76
21 Fakaua, Jandamarra	13	Gymea	15.78

Event 13 Girls 14 Year Olds 100 Metre Dash

Record: 12.63 R 2018 Jessica Wardrobe

Name	Age	Team	Finals
1 Moukatas, Keira	14	Gymea	14.15
2 Wotton, Hayley	14	Engad	14.28
3 McNally, Lauren	14	Engad	14.80
4 Reslan, Nour	14	Menai	14.90
5 Kheder, Kenzy	14	Menai	14.93
6 Bool, Rhiannon	14	Lucas	15.06
7 Gidney, Mia	14	Kirrw	15.19
8 Donovan, Keira	14	Kirrw	15.28
9 Welsh, Jasmine	14	Heath	15.42
9 Coombes, Elka	14	Kirrw	15.42
11 James, Hadlee	14	Menai	15.48
12 Lohoar, Nicole	14	Heath	15.56
12 Boyd, Sally	14	Menai	15.56
14 Carr, Holly	14	Lucas	15.59
15 Thomas, Shelby	14	Heath	15.60
16 Moore, Evie	14	Heath	16.14
17 Hall, Amelia	14	Lucas	16.27
18 de Brabander, Olivia	14	Lucas	17.00
19 Grant, Tegan	14	Gymea	17.17

Event 14 Boys 14 Year Olds 100 Metre Dash

Record: 12.20 R 2018 Riley Crawford

Name	Age	Team	Finals
1 Essex, Preston	14	Menai	12.96
2 West, Phoenix	14	Menai	13.44
3 Sewell, Edward	14	Kirrw	13.51
4 Simons, Ethan	14	Lucas	13.74
5 Catlin, Cruz	14	Heath	13.81
6 Gibson, Joshua	14	Kirrw	13.84
7 Stockwell, Archie	14	Engad	13.90
8 Faulkner, Matiu	14	Menai	13.96
9 White, Lucas	14	Engad	13.99
10 Harris, Jai	14	Gymea	14.00
10 Lapham, Jayke	14	Lucas	14.00
12 Cabrera, Sean	14	Gymea	14.18
12 Reeve, Tyler	14	Kirrw	14.18
14 Stevens, Marley	14	Lucas	14.20
15 Robertson, Mathew	14	Lucas	14.23
16 Constantinou, Leon	14	Menai	14.30
16 Thomas, Riley	14	Heath	14.30
18 Brain, Keiran	14	Engad	14.31
19 Park, Alex	14	Kirrw	14.42
20 Malley, Jenson	14	Heath	14.43
21 Astudillo, Ashton	14	Gymea	14.72

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Results - Track

Finals ... (Event 14 Boys 14 Year Olds 100 Metre Dash)

Name	Age	Team	Finals
22 Cousemacker, Lucas	14	Heath	14.78
23 Ryan-Sweeney, Matthew	14	Engad	14.86

Event 15 Girls 15 Year Olds 100 Metre Dash

Record: 12.86 R 2019 Jessica Wardrobe

Name	Age	Team	Finals
Finals			
1 Greacen, Mia	15	Gymea	13.26
2 Long, Summer	15	Lucas	13.91
3 Louis, Mia	15	Lucas	14.03
4 Olney, Kwanita	15	Menai	14.24
5 Batman, Nova	15	Kirrw	14.36
6 Potts, Mackenzie	15	Kirrw	14.42
7 Paoletti, Chloe	15	Gymea	14.55
8 Glazier, Ellie	15	Kirrw	14.61
8 Coyle, Umyna	15	Heath	14.61
10 Milne, Stella	15	Lucas	14.91
11 Shortt, Olivia	15	Lucas	15.36
12 Wepler, Molly	15	Engad	15.39
13 Mejias, Aleece	15	Engad	15.48
14 Bolina, Amielle	15	Menai	15.51
15 Adams, Telina	15	Heath	15.53
16 Clark, Erin	15	Menai	16.02
17 Forbes, Jessica	15	Heath	16.03
18 Popovic, Lily	15	Menai	16.52
19 Griffiths, Chloe	15	Gymea	17.74

Event 16 Boys 15 Year Olds 100 Metre Dash

Record: 11.96 R 2018 Ethan Towns

Equal: 11.96 = 2019 Riley Crawford

Name	Age	Team	Finals
Finals			
1 Humphreys, Samuel	15	Lucas	12.38
2 Cruz, Ethan	15	Kirrw	12.66
3 Bartlett, Oliver	15	Menai	13.07
4 O'Brien, Isaac	15	Lucas	13.35
5 Layton, Jacob	15	Heath	13.39
6 Verrell, Samuel	15	Engad	13.41
7 Butcher, Graeme	15	Menai	13.42
8 Hamilton, Angus	15	Kirrw	13.43
9 Ball, Ethan	15	Kirrw	13.62
10 Wishart, Lewis	15	Gymea	13.67
11 Jones, Riley	15	Engad	13.92
12 Holt, Antony	15	Gymea	13.94
13 Naga, Harshit Reddy	15	Gymea	13.96
14 Cavell, Ethan	15	Lucas	14.14
15 Ede, Charlie	15	Heath	14.22
16 Ryan, Ben	15	Menai	14.64

Event 17 Girls 16 Year Olds 100 Metre Dash

Record: 12.88 R 23/06/2023 Izobelle Louison-Roe

Name	Age	Team	Finals
Finals			
1 Louison-Roe, Izobelle	16	Kirrw	12.88R

2 Royal, Channary	16	Menai	13.53
3 Cutro, Sofia	16	Engad	14.42
4 Ingram, Bella	16	Kirrw	14.79
5 Stewart, Sienna	16	Gymea	15.33
6 Smith, Sienna	16	Engad	15.47
7 Balaskas, Sirena	16	Heath	15.65
8 Whitbread, Caitlyn	16	Kirrw	15.96
9 Sanderson, Amy	16	Engad	15.99
10 Palmer, Jessica	16	Heath	16.54
11 McGrath, Lana	16	Gymea	17.36

Event 18 Boys 16 Year Olds 100 Metre Dash

Record: 11.75 R 2018 Cameron MacRae

Equal: 11.75 = 2019 Jack Bridger

Name	Age	Team	Finals
Finals			
1 Essex, Jayden	16	Menai	12.52
2 Saszczak, Samuel	16	Kirrw	12.82
3 O'Brien, Cody	16	Lucas	12.84
4 Stocker, Luke	16	Engad	12.85
5 Gai, Yuol	16	Gymea	12.99
6 Batten, Peter	16	Lucas	13.08
7 Stevens, Luca	16	Lucas	13.17
8 White, Luke	16	Heath	13.23
9 Scandurra, Joshua	16	Kirrw	13.28
10 Rea, Jake	16	Engad	13.34
11 Leighton, Jack	16	Heath	13.85
12 Palmer-Scott, Roary	16	Gymea	13.94
13 Anderson, Jacob	16	Gymea	13.95
14 Moore, Brodie	16	Heath	14.04
15 Harrison, Harvey	16	Gymea	14.28

Event 19 Girls 17-19 100 Metre Dash

Record: 12.75 R 17/06/2022 Zara Lammers

Name	Age	Team	Finals
Finals			
1 Kirby, Amelia	18	Kirrw	13.77
1 Formica, Rayner	17	Kirrw	13.77
3 Hardy, Ava	17	Heath	14.43
4 O'Connor, Jessie	17	Lucas	14.54
5 Stegbauer, Claire	18	Kirrw	15.06
6 Clark, Gemma	17	Menai	15.40
7 Olney, Tyra	18	Menai	15.76
8 Ma, Tania	18	Menai	15.80
9 Horn, Chloe	17	Menai	15.98

Event 20 Boys 17-19 100 Metre Dash

Record: 11.38 R 2018 Tyler Towns

Name	Age	Team	Finals
Finals			
1 Valenta, Anthony	17	Heath	11.78
2 East, Tashi	18	Kirrw	12.06
3 Barounis, Eric	17	Menai	12.35
4 Cameron, Kyan	17	Menai	12.49
4 Wotlon, Ryan	17	Engad	12.49
6 Holdsworth, Lachlan	18	Kirrw	12.54

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Results - Track

Finals ... (Event 20 Boys 17-19 100 Metre Dash)

Name	Age	Team	Finals
7 Glazier, Harvey	17	Kirrw	12.92
8 Lytton, Braydon	18	Lucas	12.99
9 Powell, Morgan	18	Heath	14.32

Event 21 Girls 12-14 400 Metre Dash

Record: 1:01.11 R 2018 Jessica Wardrobe

Name	Age	Team	Finals
Finals			
1 Wilson, Sienna	13	Engad	1:09.58
2 Faas, Lola	14	Kirrw	1:11.04
3 Chapple, Heidi	13	Kirrw	1:11.16
4 Gardner, Belle	13	Gymea	1:12.42
5 Burke, Charli	14	Heath	1:13.46
6 Reslan, Nour	14	Menai	1:13.82
7 Kheder, Kenzy	14	Menai	1:14.38
8 Gubbin, Ellie	13	Gymea	1:15.18
9 Carlson, Gemma	12	Engad	1:17.27
10 Moore, Evie	14	Heath	1:17.89
11 Bool, Rhiannon	14	Lucas	1:18.35
12 Upton, Izzy	14	Lucas	1:27.32
13 de Brabander, Olivia	14	Lucas	1:35.43

Event 22 Boys 12-14 400 Metre Dash

Record: 59.18 R 2017 Jed Hardy

Name	Age	Team	Finals
Finals			
1 West, Phoenix	14	Menai	1:00.62
2 Catlin, Cruz	14	Heath	1:01.19
3 Sewell, Edward	14	Kirrw	1:01.92
4 Wichgers, Ben	13	Kirrw	1:02.31
5 Lapham, Jayke	14	Lucas	1:02.86
6 Stockwell, Archie	14	Engad	1:03.67
7 Stirling, Nate	13	Gymea	1:04.03
8 Hawke, Christian	14	Engad	1:04.13
9 Monte, Marcus	14	Menai	1:04.28
10 Gibson, Joshua	14	Kirrw	1:04.35
11 Essex, Preston	14	Menai	1:06.71
12 Griffiths, Zac	13	Heath	1:10.26
13 Yock, James	14	Engad	1:10.42
14 Waat, Tyson	13	Menai	1:15.10
15 Lee, Julian	12	Menai	1:22.55
16 McInerney, Flynn	13	Menai	1:27.93

Event 23 Girls 15 Year Olds 400 Metre Dash

Record: 1:01.67 R 17/06/2022 Channary Royal

Name	Age	Team	Finals
Finals			
1 Mejias, Aleece	15	Engad	1:10.81
2 Paoletti, Chloe	15	Gymea	1:12.80
3 Hobbs, Zoe	15	Engad	1:17.38
4 Forbes, Jessica	15	Heath	1:21.61
5 Hbous, Alivia	15	Kirrw	1:32.30

Event 24 Boys 15 Year Olds 400 Metre Dash

Record: 58.74 R 2019 Marcus Armstrong

Name	Age	Team	Finals
Finals			
1 Cruz, Ethan	15	Kirrw	59.71
2 Robinson, Jack	15	Kirrw	1:01.40
3 O'Gradey, Ryder	15	Menai	1:02.34
4 Naga, Harshit Reddy	15	Gymea	1:03.70
5 Windle, Benjamin	15	Lucas	1:03.97
6 Phillips, Jordan	15	Engad	1:05.12
7 Harper, Daniel	15	Engad	1:05.88
8 Layton, Jacob	15	Heath	1:05.93
9 Haylock, Beau	15	Engad	1:07.33
10 Hamamdjian, Lachlan	15	Menai	1:07.44
11 Lindbom, Oscar	15	Lucas	1:09.56

Event 25 Girls 16 Year Olds 400 Metre Dash

Record: 1:02.30 R 23/06/2023 Channary Royal

Name	Age	Team	Finals
Finals			
1 Royal, Channary	16	Menai	1:02.30R
2 Ingram, Bella	16	Kirrw	1:08.52
3 Balaskas, Sirena	16	Heath	1:15.21
4 Kheder, Hana	16	Menai	1:18.40
5 Beasley, Ava	16	Kirrw	1:18.59
6 Palmer, Jessica	16	Heath	1:34.09
7 Hummerston, Kate	16	Kirrw	1:47.05

Event 26 Boys 16 Year Olds 400 Metre Dash

Record: 54.80 R 2017 Ky Gawinek

Name	Age	Team	Finals
Finals			
1 Gai, Yuol	16	Gymea	57.08
2 Foley, Dane	16	Kirrw	57.36
3 O'Brien, Cody	16	Lucas	58.21
4 White, Luke	16	Heath	1:01.89
5 Phillips, Ben	16	Menai	1:02.21
6 Sommers, Taj	16	Kirrw	1:03.35
7 Herman, Brock	16	Kirrw	1:04.68
8 Moran, Travis	16	Engad	1:05.17
9 Moore, Brodie	16	Heath	1:16.13
10 Palmer-Scott, Roary	16	Gymea	1:18.96

Event 27 Girls 17-19 400 Metre Dash

Record: 1:04.24 R 23/06/2023 Amelia Kirby

Name	Age	Team	Finals
Finals			
1 Kirby, Amelia	18	Kirrw	1:04.24R
2 Hardy, Chynna	17	Heath	1:06.40
3 Olney, Tyra	18	Menai	1:12.99
4 Thompson, Lily	17	Menai	1:16.02

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Barden Ridge
Results - Track

Event 28 Boys 17-19 400 Metre Dash

Record: 53.56 R 17/06/2022 Nicholas Muir

Name	Age	Team	Finals
Finals			
1	Pittman, Ben	17 Menai	54.86
2	Wardrobe, Blake	17 Engad	56.28
3	Bourne, Nathan	18 Kirrw	57.30
4	Sewell, Cameron	17 Kirrw	58.15
5	Taylor, Liam	18 Menai	59.19
6	Powell, Morgan	18 Heath	1:06.00

Event 29 Girls 12 Year Olds 200 Metre Dash

Record: 28.83 R 2017 Amy Watson

Name	Age	Team	Finals
Finals			
1	Royal, Suriya	12 Menai	30.08
2	Phipps, Keira	12 Lucas	30.34
3	Forbes, Tahli	12 Heath	30.99
4	Keats, Angel	12 Heath	31.31
5	Whitbread, Bronte	12 Kirrw	31.80
6	Henson, Kiara	12 Engad	32.10
7	May, Amelia	12 Heath	32.60
8	Arnautovic, Lola	12 Kirrw	32.77
9	Carlson, Gemma	12 Engad	33.05
10	Crowther, Isla	12 Lucas	33.24
11	De Rome, Tegan	12 Gymea	35.37
12	New, Lani	12 Kirrw	35.60
13	O'Shea, Eloise	12 Engad	36.96

Event 30 Boys 12 Year Olds 200 Metre Dash

Record: 27.41 R 2017 Henri Hiles-Fraser

Name	Age	Team	Finals
Finals			
1	Hellyer, Koby	12 Menai	30.05
2	Wheatstone, Kai	12 Kirrw	31.00
3	Steele, Alex	12 Lucas	31.21
4	Moran, Zachary	12 Engad	32.19
5	Drew, Oliver	12 Menai	32.70
6	Craig, Hunter	12 Kirrw	32.97
7	Arnold, Lewis	12 Kirrw	33.24
8	Hammill-Weston, Remy	12 Heath	33.72

Event 31 Girls 13 Year Olds 200 Metre Dash

Record: 27.14 R 2017 Jessica Wardrobe

Name	Age	Team	Finals
Finals			
1	Cornish, Madison	13 Engad	29.57
2	Wilson, Sienna	13 Engad	29.69
3	Franks, Lacey	13 Engad	29.94
4	Gardner, Belle	13 Gymea	29.98
5	Chapple, Heidi	13 Kirrw	30.36
6	Hatton, Jessica	13 Menai	31.91
7	Olival, Soraia	13 Kirrw	32.01
8	Klinkert, Gemma	13 Menai	32.23
9	Humphrey, Matilda	13 Kirrw	32.51

10 Gubbin, Ellie 13 Gymea 32.70

Event 32 Boys 13 Year Olds 200 Metre Dash

Record: 26.39 R 2018 Henri Hiles-Fraser

Name	Age	Team	Finals
Finals			
1	Fraser, Thomas	13 Engad	26.61
2	Farrugia, Max	13 Menai	27.27
3	Oates, Bailen	13 Engad	28.24
4	Phillips, Jack	13 Lucas	28.45
5	Kennedy, Cooper	13 Kirrw	28.46
6	Simpson, Jake	13 Engad	29.38
7	Whitehall, Curtis	13 Menai	29.70
8	Patruno, Noah	13 Menai	30.55
9	Peek, Cash	13 Heath	31.08
10	Smith, Adam	13 Gymea	31.47
11	Griffiths, Zac	13 Heath	31.56
12	Osmand, Ryan	13 Heath	41.05

Event 33 Girls 14 Year Olds 200 Metre Dash

Record: 27.06 R 2018 Jessica Wardrobe

Name	Age	Team	Finals
Finals			
1	Moukatas, Keira	14 Gymea	28.78
2	Wotton, Hayley	14 Engad	29.17
3	Donovan, Keira	14 Kirrw	30.70
4	Kheder, Kenzy	14 Menai	30.89
5	Coombes, Elka	14 Kirrw	30.99
6	Gidney, Mia	14 Kirrw	31.17
7	Thomas, Shelby	14 Heath	32.09
8	Bool, Rhiannon	14 Lucas	32.25
9	Reslan, Nour	14 Menai	32.41
10	Lohoar, Nicole	14 Heath	33.26
11	Hall, Amelia	14 Lucas	35.18
12	Upton, Izzy	14 Lucas	35.51

Event 34 Boys 14 Year Olds 200 Metre Dash

Record: 25.29 R 17/06/2022 Henry Grygiel

Name	Age	Team	Finals
Finals			
1	Essex, Preston	14 Menai	26.68
2	Sewell, Edward	14 Kirrw	26.87
2	Catlin, Cruz	14 Heath	26.87
4	Simons, Ethan	14 Lucas	27.20
5	Lapham, Jayke	14 Lucas	27.21
6	Faulkner, Matiu	14 Menai	27.46
7	Stockwell, Archie	14 Engad	27.59
8	Constantinou, Leon	14 Menai	27.60
9	Gibson, Joshua	14 Kirrw	27.61
10	White, Lucas	14 Engad	28.40
11	Andrews, Logan	14 Gymea	28.72
12	Park, Alex	14 Kirrw	28.96
13	Brain, Keiran	14 Engad	29.15
14	Malley, Jenson	14 Heath	29.26

2023 Sutherland SSA Athletics Carnival - 23/06/2023

Barden Ridge
Results - Track**Event 35 Girls 15 Year Olds 200 Metre Dash**

Record: 26.55 R 2019 Jessica Wardrobe

Name	Age	Team	Finals
Finals			
1	Greacen, Mia	15 Gymea	27.51
2	Louis, Mia	15 Lucas	28.42
3	Long, Summer	15 Lucas	28.82
4	Olney, Kwanita	15 Menai	29.19
5	Glazier, Ellie	15 Kirrw	30.08
6	Paoletti, Chloe	15 Gymea	30.60
7	Mejjias, Aleece	15 Engad	31.09
8	Shortt, Olivia	15 Lucas	31.87
9	Forbes, Jessica	15 Heath	34.50

Event 36 Boys 15 Year Olds 200 Metre Dash

Record: 24.34 R 23/06/2023 Samuel Humphreys

Name	Age	Team	Finals
Finals			
1	Humphreys, Samuel	15 Lucas	24.34R
2	Cruz, Ethan	15 Kirrw	25.02
3	Robinson, Jack	15 Kirrw	25.73
4	O'Brien, Isaac	15 Lucas	26.81
5	Ball, Ethan	15 Kirrw	27.38
6	Hamilton, Angus	15 Kirrw	27.66
7	Butcher, Graeme	15 Menai	27.74
8	Layton, Jacob	15 Heath	27.87
9	Porter, Donovan	15 Menai	27.93
10	Jones, Riley	15 Engad	28.58

Event 37 Girls 16 Year Olds 200 Metre Dash

Record: 26.80 R 23/06/2023 Izobelle Louison-Roe

Name	Age	Team	Finals
Finals			
1	Louison-Roe, Izobelle	16 Kirrw	26.80R
2	Royal, Channary	16 Menai	27.20
3	Ingram, Bella	16 Kirrw	29.54
4	Kheder, Hana	16 Menai	33.35
5	Balaskas, Sirena	16 Heath	33.41
6	Palmer, Jessica	16 Heath	36.52

Event 38 Boys 16 Year Olds 200 Metre Dash

Record: 24.08 R 2019 Jay Louison-Roe

Name	Age	Team	Finals
Finals			
1	Essex, Jayden	16 Menai	24.59
2	O'Brien, Cody	16 Lucas	25.49
3	Batten, Peter	16 Lucas	25.96
4	Saszczak, Samuel	16 Kirrw	26.22
5	White, Luke	16 Heath	26.27
6	Gai, Yuol	16 Gymea	26.29
7	Stevens, Luca	16 Lucas	27.48
8	Harrison, Harvey	16 Gymea	27.99
9	Patel, Shaun	16 Gymea	28.33
10	Moore, Brodie	16 Heath	30.20

Event 39 Girls 17-19 200 Metre Dash

Record: 26.71 R 17/06/2022 Zara Lammers

Name	Age	Team	Finals
Finals			
1	Kirby, Amelia	18 Kirrw	27.80
2	Hardy, Ava	17 Heath	28.35
3	Horn, Chloe	17 Menai	33.50

Event 40 Boys 17-19 200 Metre Dash

Record: 23.09 R 2017 Harrison Brierley

Name	Age	Team	Finals
Finals			
1	East, Tashi	18 Kirrw	23.78
2	Pittman, Ben	17 Menai	24.13
3	Valenta, Anthony	17 Heath	24.17
4	Powell, Morgan	18 Heath	29.56

Event 41 Girls 12 Year Olds 800 Metre Run

Record: 2:42.77 R 2018 Olivia Robinson

Name	Age	Team	Finals
Finals			
1	Forbes, Tahli	12 Heath	3:01.88
2	Carlson, Gemma	12 Engad	3:08.95
3	Simpson, Amity	12 Kirrw	3:11.79
4	Crowther, Isla	12 Lucas	3:16.53
5	May, Amelia	12 Heath	3:21.94
5	New, Lani	12 Kirrw	3:21.94
7	Yock, Ashley	12 Engad	4:05.00

Event 42 Boys 12 Year Olds 800 Metre Run

Record: 2:37.35 R 2018 Zachariah Krayem

Name	Age	Team	Finals
Finals			
1	Hellyer, Koby	12 Menai	2:54.65
2	Vasa, Cruz	12 Engad	2:55.67
3	Hammill-Weston, Remy	12 Heath	2:59.39

Event 43 Girls 13 Year Olds 800 Metre Run

Record: 2:37.30 R 2019 Milly Pollock

Name	Age	Team	Finals
Finals			
1	Puckett, Chelsea	13 Lucas	2:47.86
2	Genge, Amber	13 Engad	2:49.64
3	Barbuto, Mia	13 Kirrw	3:07.12
4	Gubbin, Ellie	13 Gymea	3:17.10
5	Meredith, Chloe	13 Heath	3:19.95
6	Klinkert, Gemma	13 Menai	3:20.59
7	Burchett, Jacinta	13 Lucas	3:31.28

Event 44 Boys 13 Year Olds 800 Metre Run

Record: 2:17.46 R 2018 Joshua Hewitt

Name	Age	Team	Finals
Finals			
1	Wichgers, Ben	13 Kirrw	2:20.93
2	Stirling, Nate	13 Gymea	2:26.89
3	Harris, Ryan	13 Kirrw	2:29.98

2023 Sutherland SSA Athletics Carnival - 23/06/2023

Barden Ridge
Results - Track

Finals ... (Event 44 Boys 13 Year Olds 800 Metre Run)

Name	Age	Team	Finals
4 Farrugia, Max	13	Menai	2:38.15
5 Richards, Patrick	13	Menai	2:43.41
6 Griffiths, Zac	13	Heath	2:46.29
7 Creighton, Riley	13	Lucas	2:51.71

Event 45 Girls 14 Year Olds 800 Metre Run

Record: 2:31.30 R 2017 Lauren Carey

Name	Age	Team	Finals
Finals			
1 Moore, Evie	14	Heath	2:53.78
2 Davidson, Lillian	14	Kirrw	2:56.81
3 Coombes, Elka	14	Kirrw	3:00.55
4 Moore, Erika	14	Menai	3:03.11
5 Kegg, Charlotte	14	Menai	3:18.04
6 Staples, Mae	14	Heath	3:30.06

Event 46 Boys 14 Year Olds 800 Metre Run

Record: 2:22.84 R 2019 Thomas Stephens

Name	Age	Team	Finals
Finals			
1 Lapham, Jayke	14	Lucas	2:26.42
2 West, Phoenix	14	Menai	2:28.25
3 Cousemacker, Lucas	14	Heath	2:38.89
4 Cocks, Liam	14	Kirrw	2:43.19
5 Hawke, Christian	14	Engad	2:43.58
6 Yock, James	14	Engad	2:45.13
7 Spithill, Cooper	14	Kirrw	2:48.26

Event 47 Girls 15 Year Olds 800 Metre Run

Record: 2:21.96 R 2018 Lauren Carey

Name	Age	Team	Finals
Finals			
1 Coyle, Umyna	15	Heath	2:47.98
2 Nguyen, Ivy Phuong Thao	15	Kirrw	2:51.50
3 Murphy, Jade	15	Kirrw	2:59.99
4 Mejias, Aleece	15	Engad	3:07.42

Event 48 Boys 15 Year Olds 800 Metre Run

Record: 2:22.61 R 2019 Noah Meakin

Name	Age	Team	Finals
Finals			
1 Robinson, Jack	15	Kirrw	2:24.67
2 Evans, Rhys	15	Gymea	2:31.73
3 Hamamdjian, Lachlan	15	Menai	2:38.71
4 Doves, Bailey	15	Engad	2:39.62
5 Naga, Harshit Reddy	15	Gymea	2:43.95
6 O'Gradey, Ryder	15	Menai	2:43.97
7 Lindbom, Oscar	15	Lucas	2:50.12
8 Phillips, Jordan	15	Engad	3:46.17

Event 49 Girls 16 Year Olds 800 Metre Run

Record: 2:27.23 R 2019 Lauren Carey

Name	Age	Team	Finals
Finals			
1 Cutro, Sofia	16	Engad	2:45.85

2 Mead, Mikaela	16	Kirrw	2:52.14
3 Carr, Gemma	16	Kirrw	3:00.02
4 Sommer, Kayley	16	Menai	3:01.26
5 Saliba, Akira	16	Menai	3:04.76
6 Palmer, Jessica	16	Heath	3:53.87

Event 50 Boys 16 Year Olds 800 Metre Run

Record: 2:19.12 R 23/06/2023 Dane Foley

Name	Age	Team	Finals
Finals			
1 Foley, Dane	16	Kirrw	2:19.12R
2 Phillips, Ben	16	Menai	2:31.70
3 Gai, Yuol	16	Gymea	2:32.88
4 Everitt, Patrick	16	Engad	2:37.08
5 Williams, Toby	16	Heath	2:40.12
6 Patel, Shaun	16	Gymea	2:47.78
7 Moore, Brodie	16	Heath	3:02.09

Event 51 Girls 17-19 800 Metre Run

Record: 2:43.57 R 17/06/2022 Amelia Kirby

Name	Age	Team	Finals
Finals			
1 Kirby, Amelia	18	Kirrw	2:51.44
2 Robinson, Olivia	17	Kirrw	2:53.38
3 Hardy, Chynna	17	Heath	2:54.97

Event 52 Boys 17-19 800 Metre Run

Record: 2:11.52 R 23/06/2023 Nathan Bourne

Name	Age	Team	Finals
Finals			
1 Bourne, Nathan	18	Kirrw	2:11.52R
2 Doran, Connor	18	Menai	2:19.29
3 Taylor, Liam	18	Menai	2:25.16
4 Powell, Morgan	18	Heath	2:45.71

Event 53 Girls 12 Year Olds 4x100 Metre Relay

Record: 58.46 R 23/06/2023 Kirrawee High

Team	Relay	Finals
Finals		
1 Kirrawee High		58.46R
2 Menai High		1:02.61
3 Engadine High		1:03.20

Event 54 Boys 12 Year Olds 4x100 Metre Relay

Record: 58.29 R 2019 Kirrawee High

Team	Relay	Finals
Finals		
1 Menai High		1:04.11
2 Kirrawee High		1:04.63

Event 55 Girls 13 Year Olds 4x100 Metre Relay

Record: 54.25 R 2017 Engadine

Team	Relay	Finals
Finals		
1 Engadine High		55.66
2 Kirrawee High		58.04

2023 Sutherland SSA Athletics Carnival - 23/06/2023

Barden Ridge
Results - Track**Finals ... (Event 55 Girls 13 Year Olds 4x100 Metre Relay)**

Team	Relay	Finals
3	Menai High	59.36
4	GyMEA Technology High	1:01.60
5	Lucas	1:03.54

Event 56 Boys 13 Year Olds 4x100 Metre Relay

Record: 53.50 R 23/06/2023 Engadine High

T Fraser, B Oates, J Scales, L Denyer

Team	Relay	Finals
Finals		
1	Engadine High	53.50R
2	Menai High	57.02
3	GyMEA Technology High	58.86
---	Kirrawee High	DQ

Event 57 Girls 14 Year Olds 4x100 Metre Relay

Record: 54.06 R 2019 Kirrawee High

Team	Relay	Finals
Finals		
1	Engadine High	57.80
2	Menai High	59.30
3	Kirrawee High	59.71
4	Heathcote High	1:00.89

Event 58 Boys 14 Year Olds 4x100 Metre Relay

Record: 50.99 R 2019 Kirrawee High

Team	Relay	Finals
Finals		
1	Menai High	53.91
2	GyMEA Technology High	54.22
3	Lucas	54.47
4	Kirrawee High	54.84
5	Engadine High	55.36
6	Heathcote High	55.74

Event 59 Girls 15 Year Olds 4x100 Metre Relay

Record: 54.84 R 2019 Engadine High

Team	Relay	Finals
Finals		
1	Kirrawee High	54.94
2	Lucas	56.01
3	Menai High	1:01.02
4	Heathcote High	1:02.17

Event 60 Boys 15 Year Olds 4x100 Metre Relay

Record: 48.49 R 2018 Kirrawee

Team	Relay	Finals
Finals		
1	Kirrawee High	51.59
2	Heathcote High	54.65
3	Engadine High	55.01
4	Menai High	55.53
5	GyMEA Technology High	57.94

Event 61 Girls 16 Year Olds 4x100 Metre Relay

Record: 54.15 R 2017 Heathcote

Team	Relay	Finals
Finals		
1	Kirrawee High	57.06
2	Menai High	1:00.45

Event 62 Boys 16 Year Olds 4x100 Metre Relay

Record: 47.02 R 2019 Kirrawee High

Team	Relay	Finals
Finals		
1	Lucas	49.41
2	Engadine High	50.58
3	Heathcote High	52.19
4	GyMEA Technology High	53.67

Event 63 Girls 17-19 4x100 Metre Relay

Record: 51.61 R 17/06/2022 Kirrawee High

A Watson, A Kirby, Z Lammers, C Stegbauer

Team	Relay	Finals
Finals		
1	Kirrawee High	55.03
2	Menai High	58.52

Event 64 Boys 17-19 4x100 Metre Relay

Record: 46.90 R 2019 GyMEA Technology High

Team	Relay	Finals
Finals		
1	Menai High	47.55
2	Kirrawee High	48.18