

SUTHERLAND ZONE ATHLETICS CARNIVAL

Date: Friday 23rd June 2023

The Ridge Athletics Track

Program of Events

First Track Event: 8:40am

Track Events Schedule

1.	Girls	14 Yrs 1500m	33.	Girls	14 Yrs 200m
2.	Boys	14 Yrs 1500m	34.	Boys	14 Yrs 200m
3.	Girls	15 Yrs 1500m	35.	Girls	15 Yrs 200m
4.	Boys	15 Yrs 1500m	36.	Boys	15 Yrs 200m
5.	Girls	16 Yrs 1500m	37.	Girls	16 Yrs 200m
6.	Boys	16 Yrs 1500m	38.	Boys	16 Yrs 200m
7.	Girls	17+Yrs 1500m	39.	Girls	17+ Yrs 200m
8.	Boys	17+ yrs 1500m	40.	Boys	17+ Yrs 200m
9.	Girls	12 Yrs 100m	41.	Girls	12 Yrs 800m
10.	Boys	12 Yrs 100m	42.	Boys	12 Yrs 800m
11.	Girls	13 Yrs 100m	43.	Girls	13 Yrs 800m
12.	Boys	13 Yrs 100m	44.	Boys	13 Yrs 800m
13.	Girls	14 Yrs 100m	45.	Girls	14 Yrs 800m
14.	Boys	14 Yrs 100m	46.	Boys	14 Yrs 800m
15.	Girls	15 Yrs 100m	47.	Girls	15 Yrs 800m
16.	Boys	15 Yrs 100m	48.	Boys	15 Yrs 800m
17.	Girls	16 Yrs 100m	49.	Girls	16Yrs 800m
18.	Boys	16 Yrs 100m	50.	Boys	16 Yrs 800m
19.	Girls	17+ Yrs 100m	51.	Girls	17 +Yrs 800m
20.	Boys	17+ Yrs 100m	52.	Boys	17+Yrs 800m
21.	Girls	14 Yrs 400m	53.	Girls	12 Yrs 4x100m Relay
22.	Boys	14 Yrs 400m	54.	Boys	12 Yrs 4x100m Relay
23.	Girls	15 Yrs 400m	55.	Girls	13 Yrs 4x100m Relay
24.	Boys	15 Yrs 400m	56.	Boys	13 Yrs 4x100m Relay
25.	Girls	16Yrs 400m	57.	Girls	14 Yrs 4X100m Relay
26.	Boys	16 Yrs 400m	58.	Boys	14 Yrs 4X100m Relay
27.	Girls	17+ Yrs 400m	59.	Girls	15 Yrs 4X100m Relay
28.	Boys	17+ Yrs 400m	60.	Boys	15Yrs 4X100m Relay
29.	Girls	12 Yrs 200m	61.	Girls	16 Yrs 4X100m Relay
30.	Boys	12 Yrs 200m	62.	Boys	16 Yrs 4X100m Relay
31.	Girls	13 Yrs 200m	63.	Girls	17+Yrs 4X100m Relay
32.	Boys	13 Yrs 200m	64.	Boys	17+ Yrs 4X100m Relay

**** There will be NO Finals. Heat times will determine final places.****

FIELD EVENT SCHEDULE

Time (approx.)	Discus (two areas)	High Jump (two areas)	Long Jump (two areas)	Shotput (two areas)	Javelin (one area)	Triple Jump
8:50am	12B, 13G	13B, 14G	14B, 15G	15B, 16G	16B, 17+G	
9:50am	13B, 14G	14B, 15G	15B, 16G	16B, 17+G	17+B, 13G	
10:50am	14B, 15G	15B, 16G	16B, 17+G	17+B, 12G	13B, 14G	
11:50am	15B, 16G	16B,17+G	17+B, 12G	12B, 13G	14B, 15G	
12:50pm	16B, 17+G	17+B, 12G	12B, 13G	13B, 14G	15B, 16G	
1:50pm	17+B, 12G	12B, 13G	13B, 14G	14B, 15G		Open Boys Open Girls

Submission Events

All 1500m and 3000m walks and 3000m track competitors will not compete at this carnival. Competitors are required to submit their best times from a recognised athletics club meet held this year to the school's Team Manager. 2000m steeple chase competitors will not compete at this carnival. They must submit best times from a recognised athletics club meet held this year, to your Team Manager today.

Hurdles:

Boys: 12yrs 80m; 13yrs 90m; 14 & 15yrs 100m; 16 & 17yrs 110m; 15yrs 200m; 17yrs + 400m

Girls: 12 & 13 yrs 80m; 14 & 15yrs 90m; 16 & 17yrs 100m; 15yrs 200m; 17yrs + 400m

Submit by the end of the day.